



Canadian Association of Nigerian Physicians and Dentists (CANPAD)

15th Annual Continuing Medical Education
July 28 & 30, 2016

Theme: Palliative Care

**Fantasyland Hotel, West Edmonton Mall
Edmonton, AB**



www.canpad.org

Target Audience

Interactive lectures organized for practicing physicians and dentists (generalists and specialist) to highlight on commonly encountered topics with the aim of enhancing better patient care and outcomes.

Course

Thursday July 28, 2016; 5pm-10pm [3.5 Section 1 & 4.5 M1 credits]

Pre CME Psychotherapy session (optional) – **Dr. AG Ahmed**, Associate professor Department of Psychiatry, U of Ottawa, in conjunction with the Canadian Centre for Rational Cognitive Therapies (certificates of completion provided)

Didactic lecture, video session, discussion and peer counselling

Cost: \$150

Saturday July 30, 2016; 8am-5pm [7.5 Section 1 & 8 M1 credits, ADA&C 1 credit per hour]

Physician Assisted (Hastened) Death: Engaging in Discussion – **Dr. Anna Voeuk**, Edmonton Zone Palliative Care Program

Chronic Non Malignant Pain – **Dr. Motunrayo Adetola**, Clinical Assistant Professor, Family Medicine, U of Ottawa

Delirium in Palliative Patients – **Dr. Ada Azi**, Section Lead Palliative Care, Durham Regional Cancer Centre, Oshawa

Current Trend in Minimally Access Gynecological Surgeries – **Dr. Amos Akinbiyi**, Clinical Professor, OBGYN, U of Saskatchewan

Oral health and solid organ transplant patients – **Dr. Bill Preshing**, Director Postgraduate Dental Residency Program U of Alberta

Dental Care in Specific Groups; OAC Therapy, Pregnant Patients, Cardiovascular Disease – **Dr. Bill Preshing**, U of Alberta

Who Gets Antibiotic Prophylaxis Prior to Dental care? – **Dr. Bill Preshing**, U of Alberta

Public Health in Partnership: Ebola Response – **Dr. Ada Bennett**, Ag. Chief Medical Officer of Health, Alberta Health

Financial Management – **Mr. James Hubscher**, MD Financial Management, CMA Companies

MD in Residency and other topics – **Dr. Tito Daodu**, PGY4 General Surgery, U of Calgary and other speakers

Cost: \$400; coffee breaks & lunch provided

Credit Designation: CFPC (up to 12.5 Mainpro-M1 credits), RCPSC (up to 11 Section 1 credits), ADA&C; 1 credit per hour

Pre Conference Continuing Medical Education July 28, 2016

Basic Skills Rational Emotive and Cognitive Behavior Therapy for General Practitioners

Presenters

1. AG Ahmed, MD, FRCPC, Associate Fellow & Supervisor, Albert Ellis Institute
2. Ade Ahmed, MA(C. Psychology), Reg. Psychotherapist, Associate Fellow, Albert Ellis Institute

Description

The Centre for Rational and Cognitive Behavior Therapies, a Canadian affiliate of Albert Ellis Institute, New York, in collaboration with the Canadian Association of Nigerian Physicians and Dentists (CANPAD) presents an educational opportunity designed to introduce primary care clinicians to the theory and practice of Rational Emotive Cognitive Behavior Therapy (RECBT), the pioneering form of cognitive behavior therapy. This experiential workshop emphasizes the importance of therapeutic relationship and the evolving psychotherapeutic process through the use of rational emotive and cognitive behavior psychotherapeutic techniques. The workshop includes didactic presentations, interactive discussion, observation of other participants and therapists using the RECBT techniques as well as practicing and experiencing psychotherapy through peer counseling exercise.

Learning Objectives

On completion of the 4-hour workshop participants will be equipped to:

1. Apply the RECBT theory of emotional disturbance and change
2. Identify and intervene as patients' core maladaptive patterns emerge
3. Construct and teach clients how to have new adaptive thoughts, emotions and behaviors
4. Apply the REBT principles and intervention strategies to improve their patients' engagement.

Workshop Plan:

[3.5 Section 1 & 4.5 Mainpro-M1 credits]

Time	Topic	Session Lead
5:00 – 7:45pm	1. Arrival & Introduction 2. Rational Emotive Cognitive Behavior Theory of Dysfunction 3. Rational Emotive Cognitive Behavior Theory of Changes	AG Ahmed
7:45 – 8:00pm	Break	
8:00 – 9:00pm	Video Demonstration	Ade Ahmed
9:00 – 10:00pm	Peer Counseling Sessions	Ade Ahmed & AG Ahmed

Required Readings List:

- * Practitioner's Guide to Rational-Emotive Therapy (Walen, DiGiuseppe & Dryden)
- * A Primer on REBT (Dryden & DiGiuseppe)
- * REBT Therapist's Pocket Companion (Dryden & Neenan)

(Order your books online at <http://www.albertellis.org/> or call the Albert Ellis Institute at 212-535- 0822).