

CANADIAN ASSOCIATION OF NIGERIAN PHYSICIANS AND DENTISTS

(CANPAD)

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PRESIDENT'S PEN # 2

June 21st, 2006.

Dear Colleagues,

Today is the first day of Summer and we have the bright sunshine to warm us up in Kingston, Ontario. I hope that you and your families are also enjoying the good weather while we have it! It's hard to imagine that 2006 is half-way gone. In deed the *FIFTH ANNUAL MEETING* of your Association, *CANPAD*, is now upon us.

ALL ROADS LEAD TO CALGARY : August 3rd – 7th, 2006.

I am pleased to invite you and your family to the annual meeting in Calgary. Your executive and the Local Organizing committee in Calgary have put together a very stimulating programme specifically designed with you, your spouse and your children in mind.

The Presidential theme for this year is "**FIRST AND SECOND GENERATION NIGERIAN-CANADIANS: Social Integration, Mental Health and Career Development.**" The guiding principle is "A sound mind in a sound body". It is one thing to emigrate to another community, culture or country, it is another thing to have a choice as to whether to return "home" or not. This ambivalence and or forced choices impact on our psyche and well-being. We are a resilient race and it is incredible how well we have adjusted and are still adjusting. Can we learn more? Yes, I believe we can.

In keeping with this theme, the Association's honorary CME Director, Prof. Abdul-Rahman, and the executive have invited one of our own, Professor R. Olukayode Jegede to give the **Plenary Lecture**. As usual, there will be other interesting and relevant talks.

If you have not registered or booked your hotel room, please do so as soon as you get this presidential letter. I attach the email of March 13th, and May 17th from Dr. Oluwadairo the Chair of the Local Organizing committee to remind you of the organized events and Meeting and Hotel registration information.

The Assistant Secretary, Dr. Onayemi will email you a copy of our CONSTITUTION to review for any feedback at the meeting.

I thank you for supporting your Association. Long live our Association.

Together Everyone Achieves More.

L. Kola . Oyewumi, President – **CANPAD**.

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